



# GARDATRENTINOTRAIL

Arco, September 2021

## RULES “ COVID”- ADDITIONAL RACE REGULATIONS

GARDA TRENTINO XMAS TRAIL 11th December 2021

Garda Trentino Trail a.s.d.

The following rules are to be considered as an **additional integration and do not replace** the official race regulations available in our website: [www.gardatrentinoxmastrail.it](http://www.gardatrentinoxmastrail.it)

This documents contains some **supplementary rules/ prescriptions which all athletes shall accept in order to take part to the races of GARDA TRENTINO XMAS TRAIL (on 11th December 2021)**. The said rules/ prescriptions may modified be at any time, without any previous notification, in case of any request from the current legislations.

In no way it will be possible to ascribe to GTT Organization the cancellation of the race if due to decisions not related to the said Organization .

### Art 1/bis

All athletes shall download, fill and sign an **auto-declaration** indicating that they had no contact with persons affected by COVID-19. The said auto-declaration can be downloaded here:

[https://www.gardatrentinotrail.it/assets/pdf/autodichiarazione\\_covid.pdf](https://www.gardatrentinotrail.it/assets/pdf/autodichiarazione_covid.pdf)

**The said auto-declaration shall be given at race bibs pick up to the organization staff and shall be have a date later than 10th December 2021;** each athlete shall take with him the said declaration, filled and signed, as **no blank paper copy will be available at race pick up.**

### Art 2/bis

Athletes shall show during any situation different than the race-competition **to keep the distance measurements**, they shall also make proper use of the **face mask** (face mask is at athlete's charge and care, **no mask will be provided by the Organization**) or **any other safety device** that, at the the time of competition, may be considered as useful for the risk mitigation.

### Art 3/bis

**ENROLLMENT** will be necessarily done online. No late enrollment at the race-place will be admitted. **All necessary enrollment documents required at the time of enrollment (Wedosport), i.e. medical certificate/ release, shall be uploaded in the athlete's page (“my registrations”) in Wedosport. No paper documents shall be accepted at bibs pick up (only medical certificate, if received after 8th December 2021, can be given to the organization at bibs pick up).**



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**The auto-declaration as mentioned in item 1/bis shall be given at race bibs pick up and have date 10th September 2021;** it shall be already signed and filled, as no blank paper copy will be available at race pick up.

Art 4/bis

**During pre&after race operations all people movements/flows in the race area shall follow the rules/paths indicated in the place (in order to avoid any risk of assembly of persons).**

All the said operations shall take place (when possible) in open spaces/with suitable ventilation. The Organization Team (staff, volunteers along the race path, sanitary personnel,...) will be duly registered. **No other persons different than the athletes will be allowed to enter in the race area.**

**BIBS PICK UP** will be done during the whole week pre-race, with suitable timeslots to be booked by the athletes in their registration form. **Bibs could be also collected from 1 person for other athletes (using the due bibs collection authorization).**

Art 5/bis

**No BAGS DEPOSIT** will be available as no dressing rooms will be available. The organization reserves the right to issue a dedicated bags deposit area only in case the sanitary situation at the time of the race may allow it (in case, there will be due communication).

Art 6/bis

**No dressing rooms BEFORE the race will be available;** this is necessary in order to minimize risk of assembly. WC with suitable regular cleaning will be in any case available. The organization reserves the right to issue a dedicated dressing rooms area only in case the sanitary situation at the time of the race may allow it (in case, there will be due communication).

Art 7/bis

The **STARTING LINE** will be “in line” with max 500 persons/wave with distance of 1 mt between the persons. **Athletes shall wear their face mask (NO face mask will be provided by the organization) when entering into the wave and could remove it after 500 mt from the starting line.**

They also shall **keep with them the face mask during all the race** and use it any time there is a risk of contact/assembly (i.e. use of minibus in case of abandonment, medical assistance, refreshment points,..). ***In case the sanitary situation at the time of the race may require it, race start will be arranged by waves, each one starting every 10 minutes*** (wave placement shall be done according to the ITRA index provided in the enrollment form, no modification to the wave composition will be allowed). Single use chip will be available in the rear part of the race bib.



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Art 8/bis

**RACE DEPARTURE TIMES and EVENT Program** will be published before the race enrollment confirmation (after November 1<sup>st</sup> 2021).

Art 9/bis

**REFRESHMENT POINTS** along the race **will be modified and will be very essential/minimal.**

**Athletes could not go close to the tables and will be served from our volunteers, both for solid/liquid refreshments.** Only pre-packed solid food will be available. We strongly recommend to each athlete to have a suitable level of autonomy (food/water), especially in the short distances.

**Number of refreshment points, if necessary, could be modified/ reduced in the last minute, but in this case they will be replaced by suitable support from refugees/ fountains/water points,..**

**The final refreshment point, at race end, could be reduced/replaced when deemed necessary from the current legislations. In this case, there could be pre-arranged packed lunch with food/liquids to be used from the athletes far from the finish line.**

Art 10/bis

**AFTER RACE SERVICES.** The organization will do its best to ensure dressing rooms with showers, with limited access, which will be regularly closed to be deeply cleaned even during their use (so it could be necessary to have some waiting time).

**When possible, we strongly recommend to have showers after race at home/ hotel.**

**Race “3rd time” (pasta party)** could be replace with take away packet lunch service.

The said regulations have been prepared according to the protocol released by Italian FIDAL and its updates for mountain running/trail and for the minimization of the risk of COVID-19 diffusion, as per the latest update of December 4<sup>th</sup> 2020.

The said regulation has to be intended as temporary and modifications to the same shall be possible at any time according to the evolution of the general legislation that prevails on the one for the sport activities.